

Hosted by:

Metro North NJ Federal
Executive Board



Seminar on FEHB

Health Plans



How do Health Plans work?

How can you be sure you choose the right plan for you and your family?

This seminar is for all Federal employees, new and seasoned employees alike.

When: *Thursday, September 21, 2017*

Where: *Peter W. Rodino, Jr. Federal Building*

970 Broad Street, Newark, NJ – 13th Floor

GSA Conference Room 13-104

Time: *Session 1 – 12:30 p.m. or*

Session 2 - 1:00 p.m.

There are four major types of Health Plans offered to the Federal employee. These are presented in over 25 different plans in the state of New Jersey. The question is, how do you make an informed decision? Your Federal Executive Board will be hosting a Federal Employees Health Benefits (FEHB)101 Seminar. This seminar will go over some basic information about the Federal Healthcare system and detailed descriptions of the four basic plan types. The seminar will include the pluses and minuses of each type and information on how to research the best one for you and your family.

To register, please email quanla.owens@gsa.gov indicating which session you prefer.